

småle matters

# BUG NEWS



Winter 2019



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## Hej småles!

Time flies when you are having fun! Winter is here again and it's time for some of our favourite traditions, like our annual Soft Toy Drawing Competition! Find out more about how your drawing might become a REAL soft toy on page 5.

Another favourite tradition of ours, is to make snow angels in the snow and then have a bowl of hot yummy chocolate paper porridge.

Have you wondered what kind of traditional food is eaten around the world during the Christmas holidays? Well, let's go on a mini food adventure to find out! Read more about it in pages 8 - 10.

Enjoy the holidays! We can't wait to see you at the stores.

With Big Bug hugs,  
Alex and Tampi



Something new is coming your way. Look out for it next issue!



# Soft Toy Competition



Calling all småles! Take part in the Soft Toy Drawing competition and your drawings might stand a chance to be made into a real soft toy! From 15-17 Nov, 12pm to 6pm at IKEA Alexandra and IKEA Tampines.

Don't forget to ask your family and friends to vote for their favourite drawings from 25 Nov – 1 Dec.

Visit [family.ikea.com.sg/soft-toy-competition](http://family.ikea.com.sg/soft-toy-competition) to vote and find out more!

6 international winners will be selected and their drawing creations will be launched as limited collection soft toys in IKEA stores next year.



Find the missing pieces!



Can you help find and name the Christmas goodies?



# Traditional Christmas food

What's the next best thing about Christmas other than presents? The food of course! Let's see what kind of food is eaten around the world during this wonderful holiday.



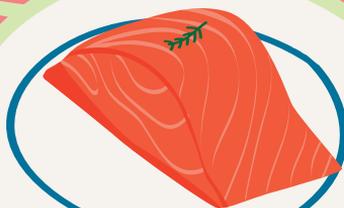
## Julebord

In Sweden, this traditional meal is eaten on Christmas day itself and each dish varies from family to family. Even so, there is still a clear sequence of food - the first round usually consists of fish dishes like pickled herring. Next are the cold cured meats like the Christmas ham, followed by the warm dishes like meatballs and casserole. Of course, the last round is dessert!



## The feast of the seven fishes

Most families in Southern Italy have a grand meal of seafood on Christmas Eve. It will either consist of 7 different seafood dishes or one to two fishes cooked in 7 different ways. That's really a feast for one meal.



## Panettone

While in northern Italy, this traditional cake-like bread is always welcomed after a meal during the Christmas holiday. Can you guess what's in it? This bread is stuffed with dried raisins, candied orange and lemon peel. It's really a sweet treat!



## Christmas pudding

Don't judge a dessert by its colour! This Christmas pudding is fit for even a King. This English tradition to have it at Christmas started when King George I asked for it to be served at the Christmas banquet back in 1714!



## La Bûche de Noël

which is a Yule Log or as we call it, Log cake! In France, no Christmas is complete without this. Long ago, a log of wood would be burned to keep a family warm and to bring them good luck in the New Year. However, as houses evolved there was no need to burn a log to stay warm so a decorative piece of log was placed on the dinner table for good luck instead. One winter, someone realised that it would be nicer to eat it rather than simply look at it.



## Selyodka Pod Shuboy

Can you guess what this Russian salad dish means in English? The answer is herring under a fur coat! It's made up of a few layers of ingredients, such as vegetables, mayonnaise, eggs and of course pickled herring. The rich purple colour is actually grated beetroot coated with mayonnaise.





# Winter treat recipe

Eggnog for the family!

## Ingredients

- 3 cups whole milk
- 1 cup heavy cream
- 1/2 cup sugar
- 4 large eggs
- 2 teaspoons vanilla extract
- Cinnamon or freshly grated nutmeg



## Instructions

1. Add your milk, heavy cream, sugar, and eggs into a saucepan and whisk thoroughly.
2. Continue whisking over low heat (approximately 5 minutes), until the mixture thickens slightly and coats the back of a spoon. Do not let it boil.
3. Remove the saucepan from the heat and stir in the vanilla extract.
4. You can either serve it immediately, or chilled. Don't forget to sprinkle some grated nutmeg or cinnamon before serving!





## Spot the difference

Can you spot the 20 differences in this drawing?





Send in your answers with your name, Smálish passport number, age, address and contact details to [alexandtampi@smales.com.sg](mailto:alexandtampi@smales.com.sg) or 60 Tampines North Drive 2, Singapore 528764 by 29<sup>th</sup> November 2019. 15 lucky winners will each win a MÁLA Felt-tip pens (12pcs).



# Food Wastage

Did you know that wasted food also contributes to global climate change? It is responsible for least 8% of man-made greenhouse gases emitted. When food decomposes, carbon dioxide and methane gases are released into the air.

However, food wastage or loss doesn't happen only when food is thrown away after a meal or when it goes bad. It happens at every stage from when food gets produced, processed, distributed and bought to be consumed. Sometimes these losses are due to Mother Nature and sometimes to man-made reasons, for example the appearance of the produce doesn't look appealing.



**1.3  
BILLION  
TONS**



Every year around 1.3 billion tons of food produced for people to eat gets wasted. That's the same as throwing away one apple whenever you buy a bag of three! Research states that the number will only increase and by 2030, 66 tonnes of food will be lost or thrown away every second. That's so much food wasted!

Estimated amount of food thrown away by a person each year

**95-115  
KG**

**Europe &  
North America**

**6-11  
KG**

**Sub-Saharan Africa,  
South & Southeast Asia**



**One quarter of the food wasted could feed all 795 million undernourished people in the world.**





## How can we play our part?

Though we cannot prevent food loss at other stages, as customers we can play our part and help reduce what goes to waste. Here's how:



Plan ahead with your parents.

Check what food items might be expiring soon and see what kind of meals can be whipped up with those ingredients.

Make a shopping list of what your family needs to buy and will use. Not only will you throw away lesser food but also save money on groceries!



ccccccccc



Take what you need. When having your meals, start with a smaller portion and then take a second helping if you are still hungry.



Storing food or leftovers in the freezer will allow you to keep it for a few more days up to a few weeks. You might want to try storing them in the IKEA 365+ food containers.

# CHRISTMAS ADV

01



It's Christmas time!  
Enjoy your first  
candy cane

02



Share  
a joke

What do snowmen  
eat for lunch?  
Iceburgers!

03



Challenge your  
family! Sing Jingle  
bells 3 times, each  
time going faster  
and faster.

07



Redeem a  
merchandise from  
the Bug House



Go Christmas  
shopping

09



Look out your  
window and count  
how many stars  
there are

13



Enjoy a cup of hot  
chocolate with  
marshmallows

14



Put up your  
Christmas tree

15

Visit Alex  
and Tampi  
at Småland



19



Wrap some gifts  
for your mummy  
and daddy

20



Enjoy the Christmas  
light in town with  
your family

21



Bake Christmas  
cookies for your  
family and friends

# ENT CALENDAR

04

Help pack your room to have it ready for guests.



05

Write down 10 things you want to do for 2020.



06

Make eggnog for the family



10

Wrap your unused toys and give them to a charity.



11

Cut out some snowflakes and hang them up in your room



12

Read a book about holiday traditions



16

Sort out your recycling



17

Make a Christmas carol and send it to your family and friends



18

Make your own Christmas stocking



22

Make some Christmas cards



23

Share with your parents what you love most about them



24

Watch a Christmas movie with your family



# Winter Art & Craft

Make your own snowflake

## Materials:

- ❄️ 3-4 ice cream sticks (per snowflake)
- ❄️ Coloured String, 15cm (per snowflake)
- ❄️ Glue
- ❄️ White paint
- ❄️ Markers

## Steps:

- 1) Paint your ice cream sticks white and leave it to dry.
- 2) Next, glue the middle of each stick and stack them on top of each other to form your snowflake.
- 3) Using the markers start designing your snowflake.
- 4) Lastly, make a loop with your string and glue both ends of it to one tip of an ice cream stick.

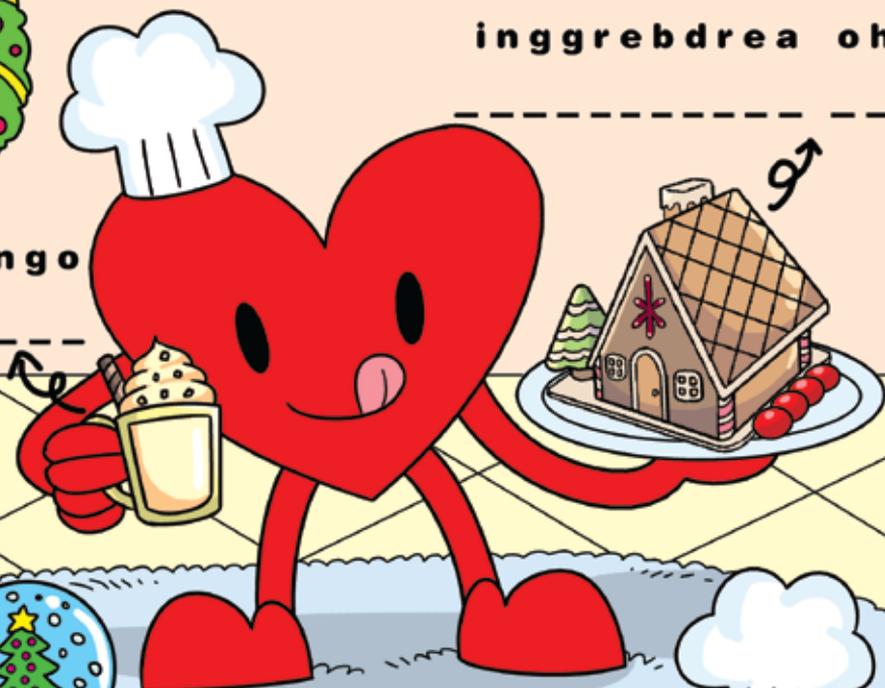


Can you help unscramble these words?



inggrebdrea ohues

ggengo



wons lgeeb

hcirstasm akce



resnetps



# INBOX @ SMALES

Last issue's theme:

Alex and Tampi decided to head out and build a snowman. How do you think it turned out?

Best Drawing



Chen Yu Xuan,  
10 years old



Andrea Ng Yuxi,  
11 years old



Ashley Kuo,  
9 years old



Chika Kashima,  
10 years old



Choo Kang Ming,  
11 years old



Deandrea Shuan Foo Xian,  
9 years old

It's a perfect day for a picnic. The sun is out and the flowers are blooming. Everyone is enjoying their food when suddenly an unexpected guest arrives. Who do you think it is?

Include your name, age, Smålish passport number and address, on the back of your A4 sized drawing and send your entry to **60 Tampines North Drive 2, Singapore 528764** or email it to us at **[alexandtampi@smales.com.sg](mailto:alexandtampi@smales.com.sg)** by 29<sup>th</sup> November 2019! The Best Drawing gets to win a **DJUNGELSKOG Monkey Storage bag**.



Alex's and Tampi's wooden boots squelched as they sprinted through the white snow. They were playing catching and Tampi was the "IT". When Tampi was about to catch Alex, Alex suddenly tripped and fell head first in the snow. "Hey! Check this out!", Alex screamed in a whirl of excitement. In his hands, was a box. Tampi reached out his hands and opened the box slowly and gently. It might be glittering gold, thought Tampi. Right in front of his eyes was a year's supply of paper porridge! The aroma of delicious paper porridge was hitting Alex's and Tampi's nose hard. "Good heavens above! Is it really paper porridge?", Alex asked. "Yes! Let's bring it home and let's have a feast!" Tampi immediately replied. The two hearts dashed home, their mouths watering crazily and remembering to take the box along.

**Jayden Ho Hao Yu, 11 years old**

**Last issue's theme:**  
**Alex and Tampi decided to spend the day outside playing in the snow. Tampi tripped over something in the snow while playing. What do you think they found?**

One snowy day, Alex and Tampi were playing catch in the snow. Alex was close to catching Tampi when suddenly, Tampi tripped and fell into the snow. "Oof..." Tampi said. He stood up and looked around to see what had possibly made him trip. While he was walking around with Alex, Tampi tripped again. "I think you're just tripping over your own feet, Tampi," Alex said, but Tampi was not convinced. Suddenly, Lele, their ladybug neighbour, jumped out from behind a rock. "BOO!" he shouted. The two hearts stared at him, startled. "What are you doing here, Lele?" Tampi asked. "Tampi, I was the one who tripped you!" Lele giggled. Tampi looked at Alex for a brief moment before they both burst out laughing.

**Emma Lee Kae Lyn, 9 years old**

It was another day of winter for Alex and Tampi. They decided to spend a whole day playing in the snow. Seeing the snow, Alex groaned, "I still can't believe I lost my camera in the snow yesterday! Sigh, I really want it back-" Splat! A snowball landed right on Alex's face. Now determined to seek revenge, he launched a snowball at Tampi. Eventually, the duo started a snow fight. Just as they were about to head home for a warm cup of hot cocoa, Tampi tripped and fell. "What a klutz you are, Tampi!" complained Alex. However, Tampi was dumbfounded by what he saw. Right in front and of him, there was Alex's camera! They had a most brilliant day!

**Gwen Tan, 9 years old**

Tampi and Alex were having a snowball fight. Suddenly Tampi tripped. When Tampi got up, he realized that it was a treasure map. It wasn't any ordinary treasure map. It was a word scramble treasure map. Tampi and Alex needed to unscramble the words to get the answer. "Alex, come and look what I found!" Alex said. Then, Alex and Tampi started unscrambling the words. When they finished, it read "UNDER THE BENCH". They rushed to the bench. Under the bench, they found a treasure chest and inside the treasure chest was a ladybug. They named it Lele.

**Vishnu Ramesh, 7 years old**

"Smack!" Alex threw a snowball at Tampi. "Arghh! I'll get you back!" Tampi exclaimed. "We'll see about that!" Alex sneered. The two friends were having a blast throwing snowballs at each other. Tampi took a step forward, carefully aiming his snowball at Alex. Suddenly, Tampi tripped on something. He fell face first into the snow. "Are you okay?" Alex asked giggling uncontrollably. "Yeg, I am ogay," Tampi mumbled. Alex burst out laughing while looking for Tampi. Just then, Tampi appeared in front of him with a state of the art looking telescope. "Where did you get that?" Alex asked in awe. "This is what I tripped on. Let's use it to see the Rare Super Blue Blood Moon tonight!" Tampi said with a cheeky grin on his face. That night, they excitedly set up the telescope in Tampi's garden and they witnessed history in the making.

**Dharmini Ramesh, 10 years old**

Tampi and Alex are taking a walk in the forest. Half way through the trail, Alex catches a whiff of something sweet. With his trusty nose, Alex and Tampi follow the scent. Where do you think they ended up at?

**In no more than 150 words**, include your name, age, Smålish passport number and address, and send your letter to **60 Tampines**

**North Drive 2, Singapore 528764** or email it to us at [alexandtampi@smales.com.sg](mailto:alexandtampi@smales.com.sg) by 29<sup>th</sup> November 2019! The Best Letter gets to win a **LUSTIGT Arts and crafts storage**.





## In-store activities

Hey småles! The school holidays are here again and we have lots of activities planned! Visit [smales.com.sg](http://smales.com.sg) for more details and remember to mark the dates!

\*Registration is on the spot at a first come first serve basis and seats are limited!



### \* Sewing workshop! \*

What can be done with a sewing machine and scrap fabric? Come find out at this hands-on workshop\*!

**IKEA Alexandra:**  
15-17 Nov, 10am - 1pm

**IKEA Tampines:**  
6-8 Dec, 10am - 1pm



### \* Shark Trail \*

Watch out for sharks when you visit IKEA during the year-end holidays! Receive a limited-edition badge from the Bug House when you can find all the sharks hiding in our store. Scan the QR code at the Bug House to retrieve the online form.

**16 Nov - 31 Dec**



### \* Santa Lucia performance \*

Be part of this Swedish tradition and get captivated by the beautiful voices of the Santa Lucia choir.

**IKEA Alexandra: 30 Nov, 2pm**  
**IKEA Tampines: 30 Nov, 4pm**



### \* Christmas craft sessions \*

Make a snow globe, or create your own Christmas greeting card, decorate Christmas cookies - there will be lots of activities\* for everyone!!

**IKEA Alexandra & IKEA Tampines:**  
**All December weekends , 2pm - 4pm**



**Wreck this  
page**

**Fill the page up with drawings  
of your favourite Christmas food.**

