

småles matters



BUG NEWS



Winter 2022 ☕



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Hej småles!

Winter is around the corner and it is time for celebration!

In this issue, we will talk about New Year's Resolutions. Join us on page 12, as we explore many ideas for setting New Year's goals. This might be new to you but don't worry, we have fun and eco-friendly goals from page 12 - 17!

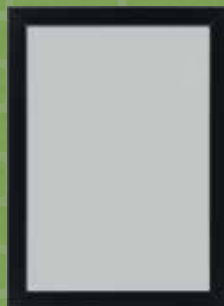
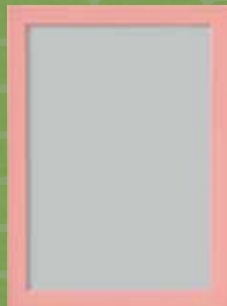
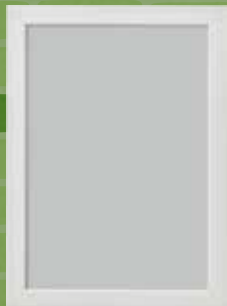
Don't forget to check out the Christmas Advent Calendar on page 6 too.

Merry Christmas & Happy New Year!

With Big Bug hugs
Alex and Tampi

New merchandise

Redeem these items with your Smålish dällars starting from 19 Dec 2022. Hurry before they get snapped up!



FISKBO
Frame
White, Light pink,
Light Blue, Black

\$4 Smålish
dällars



LEDDJUR
Soft toy,
Set of 2 elephants

\$7 Smålish
dällars



MJUKHET
Soft toy,
baby panther

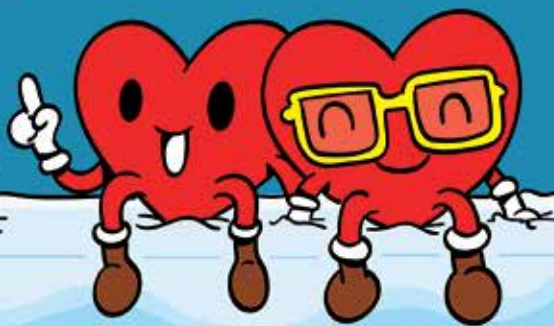
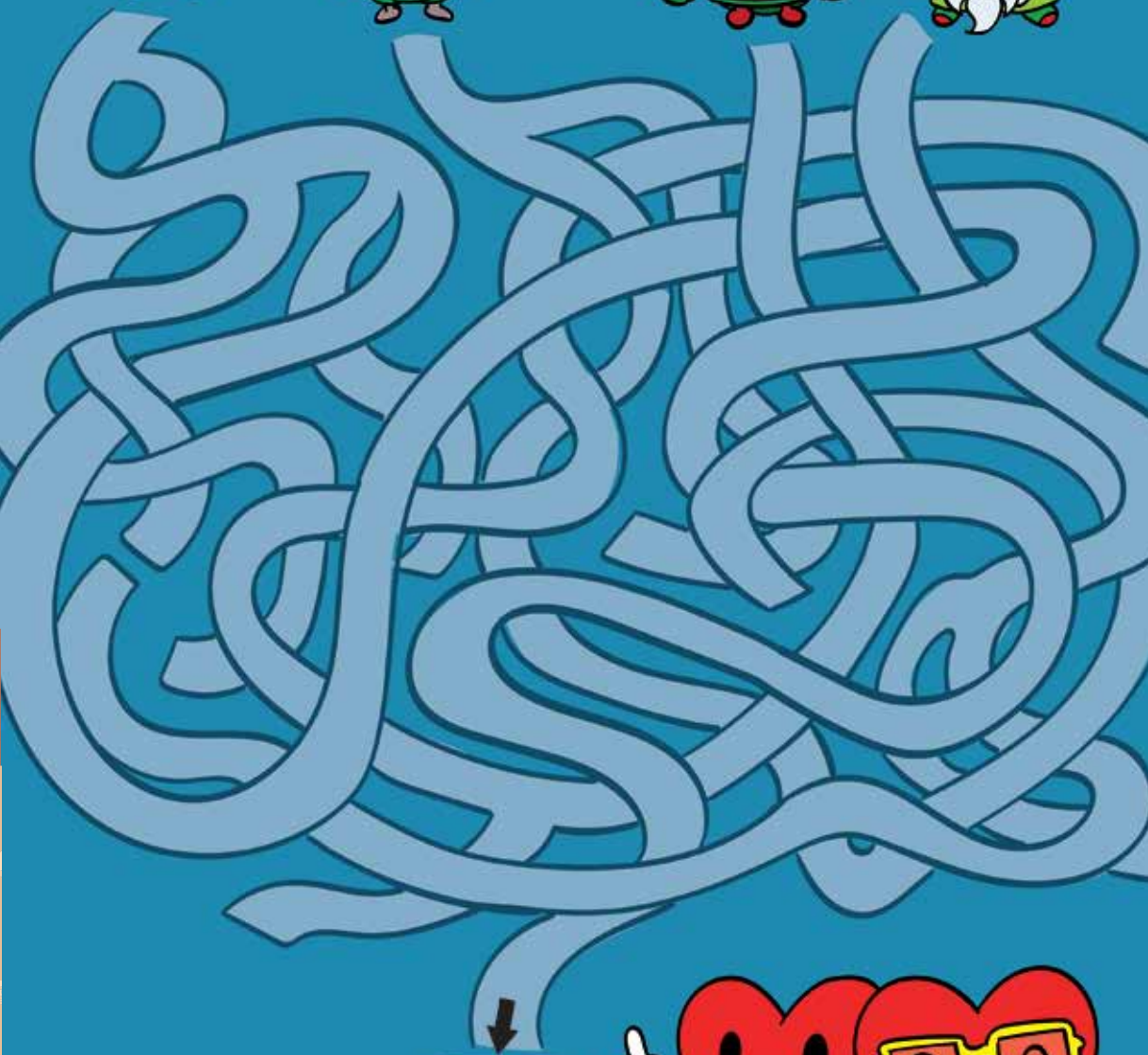
\$7 Smålish
dällars



BYGGLEK
201-piece
LEGO®
brick set

\$8 Smålish
dällars

Help the elves find their way home!



CHRISTMAS ADVENT

1

Decorate
your
Christmas
Tree

2

Make an
ornament
for the tree

See page 22!

3

Bake cookies
for a neighbor
or friends

4

Donate toys to
your favorite
charity

5

Enjoy family meal
with your family
members

6

Tell everyone in
your family one
thing you love
about each of
them

7

Visit
Småland

8

Write a
letter to
Santa

9

Learn new
Christmas
song

10

Christmas
shopping with
your parents

11

Wrap Christmas
presents with
recycled paper

12

Make thank you
notes for your
loved ones

EVENTS CALENDAR

13



Make
Christmas
cards

14

Bring newspaper
to the bughouse
and earn green
credits!
(3kg = \$0.50 Smålish dállars)

15



Do a secret
act of
kindness to
someone

16



Dance to
Christmas
songs

17



Watch Christmas
movie

18



Make &
decorate
gingerbread
house

19



Make hot
chocolate
with
marshmallow

20



Make an
eco-friendly
gift for
loved ones

21



Clean your
room
and help your
parents clean the
house

22



Play
boardgame
with your
friends

23



Show off your
best smile
all day

24



Take a photo
with your family
on Christmas Eve

Eco-friendly gifts for family and friends

It's the season of gifting. Picking out the perfect gifts for family and friends - while caring for the environment with sustainable goodies. Below are some ideas:

A handmade greeting card that shine

Use recycled papers to make your holiday greeting card. Show the love to your receiver and planet with a personal touch.



Who can say no to chocolate

The cocoa in all IKEA-branded chocolate bars is UTZ certified, which means sustainable farming and fair conditions for workers, while safeguarding the environment.



Avoid using plastic and replace with drinking straws

Did you know that plastic straws can get lodged in the nose of a sea turtle?

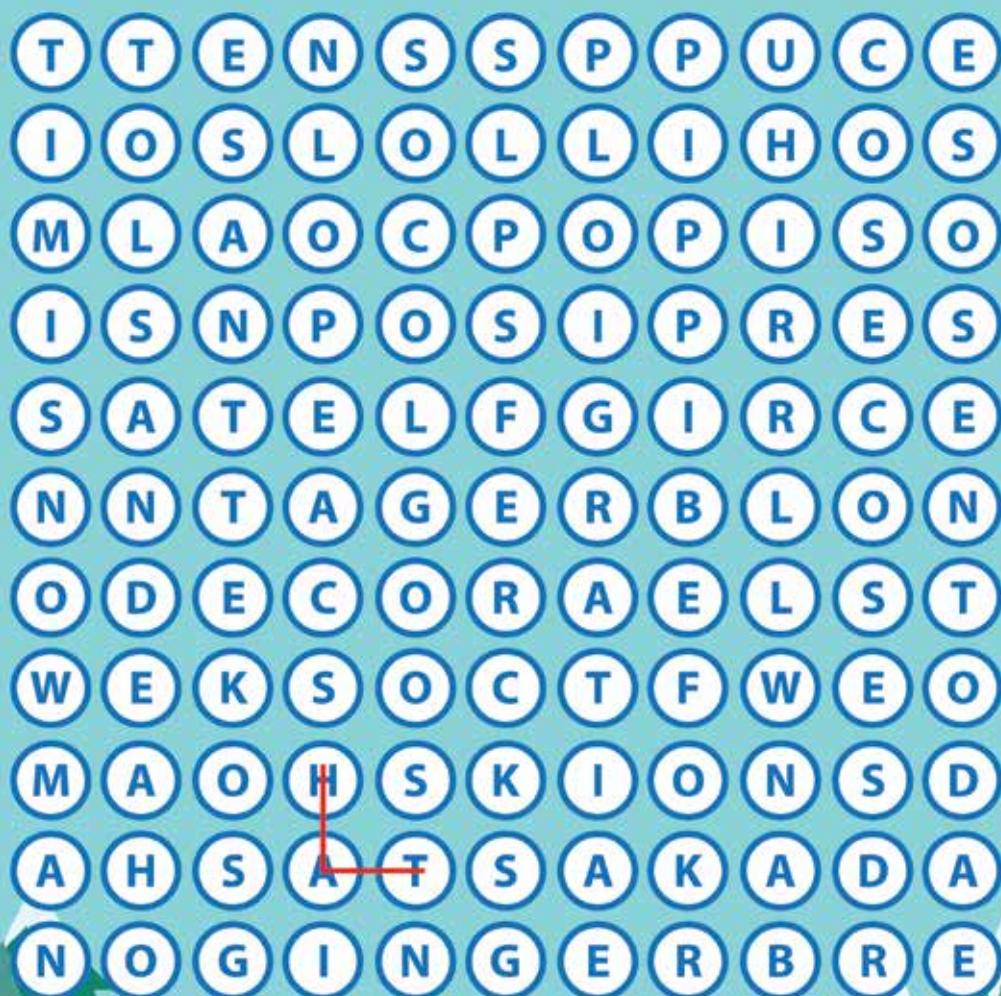
We can skip plastic and use glass / stainless steel straws instead as they can be reuse over and over again.



Source:

<https://greenssteel.com/blogs/news/why-are-plastic-straws-so-bad-for-sea-turtles>
<https://www.ikea.com/th/en/p/anledning-drinking-straw-clear-glass-70513351/>
<https://www.ikea.com/th/en/ideas/treats-to-feel-good-about-pub40af1c11>

Can you find the following words below?



- SNOWMAN

- GINGERBREAD - SOCKS

- PRESENT - HAT - DECORATIONS

- SANTA - LOLLIPOP - ELF - BELL - MITTENS

What is a New Year's resolution?

Stepping into a new year and a new you with something good to be expected. But before we're moving to that part, what exactly is a New Year's resolution? It's a promise to do something differently in the new year.

Have you think of what you want to do differently for next year?





Start your year right with these New Year's resolutions!

A better version of you

Keep up all the good work and change the bad habit.
This will help you become who you want to be.

Setting resolutions can help you get motivated and
closer to your goals.

Your goal can be any little thing that makes
you look forward to what's coming - the better you.

At the end of the day, it's all about the intention.

A better world starts at home

You can live a more sustainable life at home
that is better for the planet.

Things like reducing food waste, using
reusable shopping bags, and eating more
plant-based foods, may seem small - but that's
the beauty of small actions, they all add up.



I will keep
my room and closet
organised.



**I will make my
bed every morning.**




**Spot the
difference**

Can you spot 20 differences?
Circle and number each
difference you can find!



Send in your answers with your name, Smålish passport, number, age, address and contact number to alexandtampi@smales.com.sg by **15 February 2023**.
15 lucky winners will each win a **RUMPLING Shark** carrier bag.






Do you know that if food waste is a country,
it will be the third largest greenhouse gas
emitter, behind China and the US?

One third of all the food that is intended for
human consumption is wasted, which is
enough to feed 3 billion people.

**I will finish my food
every meal to
reduce waste.**




Benefits from helping the Earth



Did you know that we are wasting all the energy and water to harvest, transport and package food when food is wasted? And if food goes to the landfill and rots, it produces methane – a greenhouse gas even more potent than carbon dioxide.

The disposal of food loss and waste in landfills, leads to greenhouse gas emissions, contributing to global warming.



My New Year's resolutions



My New Year's resolutions



INBOX @ SMALES

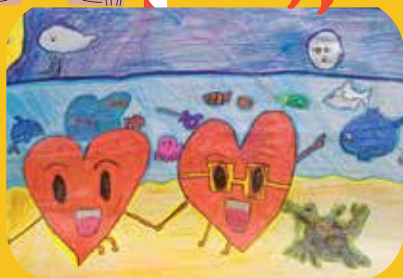
Last issue's theme:

As the sun shines happily on the cool, rippling surface of the sea, Alex and Tampi decide to visit the beach. How do you think Alex and Tampi spend their time on the beach?

Best Drawing



FAITH ISABELLE WOO,
10 years old



WONG YI LAM EVELYN,
9 years old



KELLY KOH,
8 years old

Next issue theme:

New Year is coming! Alex and Tampi are organising a New Year party with their friends. How do you think the New Year party is going to be like?

Include your name, Smålish passport number, age, address and contact number, and send your drawing to alexandtampi@smales.com.sg by **15 February 2023**.

1 lucky winner will win a **MÅLA Modelling dough, mixed colours**.





**Best
letter**

It was a Sunday morning, the sun hung high in the azure blue sky. Tampi exclaimed: "Alex, it's a good day to go diving!" Alex replied: "Okay, let's go diving." When they reached the diving site at the beach, they dashed to the boat rental shop as if their heels were on fire. They rented a boat and sail out to sea. They reached the diving site in a blink of an eye. They put on their diving gear and dived into the sea. While they were diving, they saw a hammerhead shark swimming as fast as a cheetah towards a great white shark. Both the sharks opened their mouth and clamped down on each other. After a furious fight, the great white shark won and the brothers swam back to their boat and went home. It was really an unforgettable experience for the brothers.

PHUA YI CHENG XAVIER, 10 years old

Last issue's theme:
Blue skies and calm waters –
a perfect day for diving! Alex and
Tampi set out in a little boat.
When they reached the dive site,
they carefully checked all their
equipment and put on their fins
and masks. What adventure did
Alex and Tampi had?



Next issue theme:

As we set the goal for the new year, Alex and Tampi would love to hear how this year has been for you?

In no more than 150 words, include your name, Smålish passport number, age, address, and contact number and send your letter to alexandtampi@smales.com.sg by **15 February 2023**. 1 lucky winner will win a **LILLABO 20pc basic train set**.



Art and craft - Button Christmas Tree Stack Ornaments

*Adult supervision might be necessary.

Let's make an adorable stacked Christmas tree out of buttons! You can hang it up on your tree or attach it to a gift bag for the holidays.

Materials:

- 11 Green Colored buttons small to large
- Needle
- String
- Scissors
- Star button
- 3 brown/black buttons



1

Select the appropriate buttons for the Christmas tree.



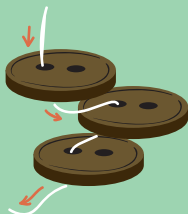
2

Start with the star and tie on the thread after that the smallest green button and continue the bigger one than the previous one.



3

When you are on the end of the green buttons you have to continue with small size brown buttons for the trunk.



4

When you are done go back with the thread and tie back in the opposite direction than first.



5

Tie a knot on the end and hang!

**Wreck this
page**

